



Provider Support Network

McCurtain County Area

OSU Medicine provides virtual behavioral health consults in the Emergency Department at McCurtain Memorial Hospital in Idabel, OK. Additional resources are available to clinicians and patients in the McCurtain County area to ensure a successful post-consult transition of care.

PROJECT ECHO - Extension for Community Healthcare Outcomes

Project ECHO is a revolutionary guided-practice model that reduces health disparities in under-served and remote areas of the state, nation, and world. Using proven adult learning techniques and interactive video technology, the ECHO Model™ connects groups of community providers with specialists at centers of excellence in regular real-time collaborative sessions.

- Psychiatry
- Maternal Health
- Veteran Care
- Addiction Medicine
- Infant Mental Health
- Pediatric Behavioral and Emotional Health

OKCAPMAP

The Oklahoma Child and Adolescent Psychiatry and Mental Health Access Program (OKCAPMAP) supports the medical provider's provision of pediatric mental health care in the clinical setting. OKCAPMAP will provide Oklahoma's medical providers with child and adolescent psychiatry and mental health consultation, enhanced mental health education, and referral assistance to local and statewide mental health services. For information, call 918-710-3600 or visit www.okcapmap.org.

OSU MEDICINE COMMUNITY HEALTH WORKER

Vanessa Weiher

vanessa.weiher@okstate.edu | 918-230-0086

OKLAHOMA MENTAL HEALTH LIFELINE 988

Community Resources

McCurtain County Area

CLOTHING RESOURCES

Lil Brothers & Sisters
Christ Mission Church
Old 21 Rd, Idabel
580-612-4560

COMMUNITY SERVICES AND PROGRAMS

Choctaw Nation Family Violence Prevention
580-740-4738

Youth Services
16 N. Central
Idabel 580-286-7616

Lyft Healthy Start
Broken Bow 580-372-3419
Idabel 580-286-9348

CareOne Debt Relief Services
866-223-6241

COUNSELING SERVICES

McCurtain County Mental Health Resources
Carl Albert
2000 E Lincoln Rd, Idabel, Ok
580-286-6639
24 hour crisis line - 988

Brighter Heights Oklahoma
411 S Central, Idabel, Ok
580-584-2478

Cornerstone Counseling Service
412 S Central Ave, Idabel, Ok
580-584-2478
24 hour crisis line - 580-314-6972

Harborbend Counseling
112 Se Ave N, Idabel, OK
580-217-7962

Counseling Center of SE OK
100 N Broadway St, Broken Bow, OK
580-584-6044

Full Life Family Resource Center
205 Main St, Broken Bow, OK
580-584-2478

Misti Luke, LSCW Private Practice
580-212-2283

FAITH GROUPS:

First Baptist Idabel
580-286-3379

First Assembly of God Broken Bow
580-584-6546

Redland Methodist Church
580-245-2468

FAMILY VIOLENCE:

Family Crisis Center
605 E 12th St Ada, OK 74820
580-436-3504

Family Violence Intervention
580-326-8323

Oklahoma Safe line (Domestic Violence,
Sexual Assault, Stalking)
800-522-7233

FINANCIAL ASSISTANCE

Gracefully Yours
813 W. Choctaw
Broken Bow 580-584-2473

House Upon a Rock
Idabel 580-212-7350

Choctaw Nation Community Center
1346 E. MLK
Broken Bow 580-584-3150

FOOD

Gracefully Yours
813 W. Choctaw
Broken Bow 580-584-2473

Hand to Hand
107 S. Main Street
Haworth 580-286-6383

House Upon a Rock
Idabel 580-212-7350
Broken Bow 580-306-0648

Choctaw Nation Food Distribution
Broken Bow 580-584-2842

Pickens Food Pantry
580-241-5790

HEALTH INSURANCE

SoonerCare
1-800-987-7767

ACA Marketplace
healthcare.gov

Pickle Insurance
Heavener 918-721-3492
Affordable Care Act, OK & TX

HOUSING

Broken Bow Houston Authority
710 E. 3rd Street
580-584-6939

Idabel Housing Authority
901 Lyndon Rd
580-286-9444

Briarcliff Apartments
901 SW Van Buren
580-286-6488

Garden Walk Apartments
Idabel 580-286-5043
Broken Bow 580-584-9807

TRANSPORTATION

Little Dixie Transit-Lyft
1010 Campbell St.
Broken Bow 580-584-6033

Little Dixie Transit-Lyft
312 NW Texas Ave.
Idabel 580-286-6472

SoonerRide
877-404-4500

Choctaw Nation Tribal Transit
580-286-7014

FREE GOVERNMENT PHONE

safelink.com 1-800-723-3546

Q-link.com 1-855-754-6543

OKLAHOMA RESOURCE NUMBERS

Medicaid 1-800-987-7767

OK DHS 405-522-5050

Suicide Hotline 988

OK Tobacco Help Hotline 1-800-784-8669